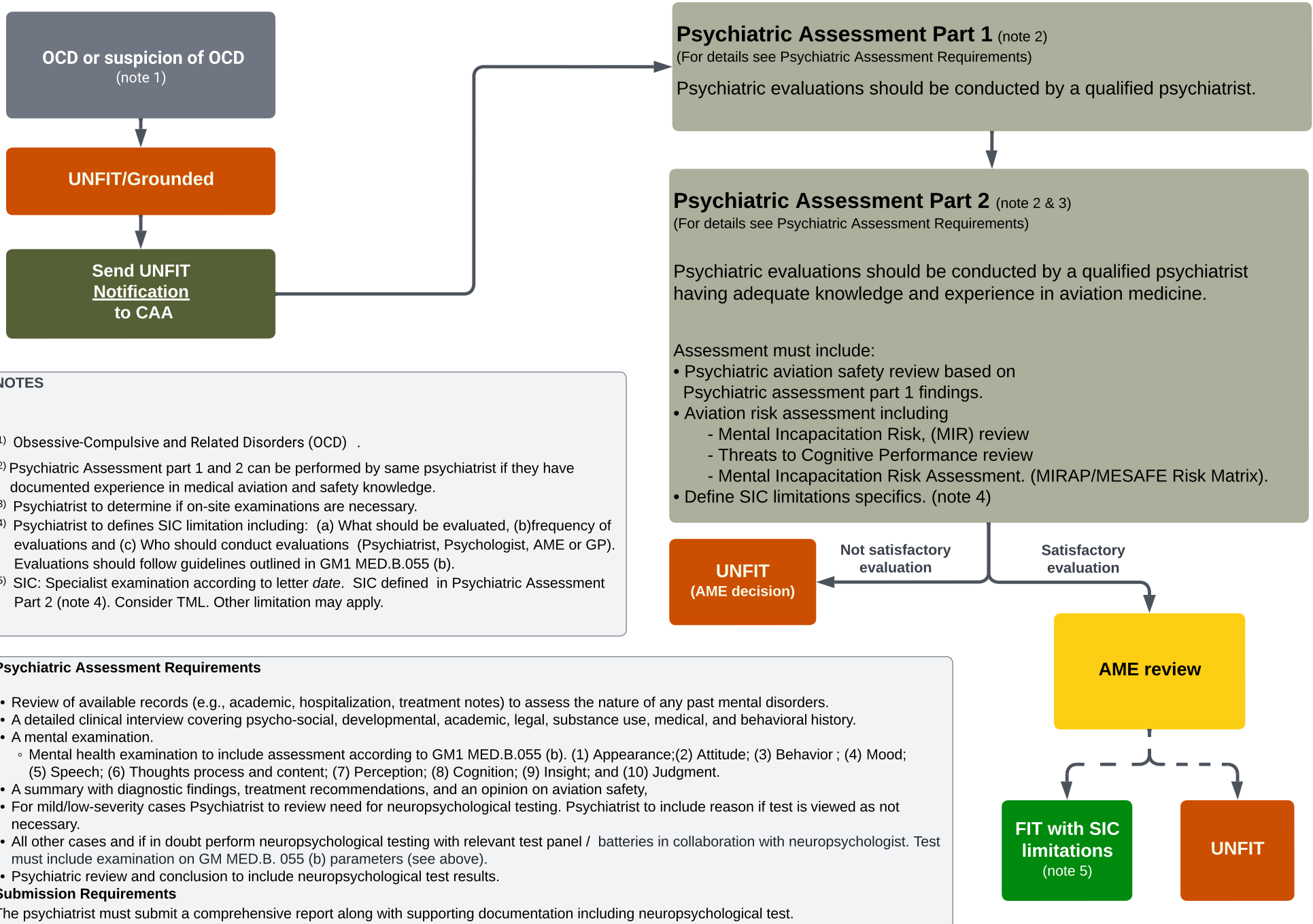


# Obsessive-Compulsive and Related Disorders (OCD)



**NOTES**

(1) Obsessive-Compulsive and Related Disorders (OCD) .

(2) Psychiatric Assessment part 1 and 2 can be performed by same psychiatrist if they have documented experience in medical aviation and safety knowledge.

(3) Psychiatrist to determine if on-site examinations are necessary.

(4) Psychiatrist to defines SIC limitation including: (a) What should be evaluated, (b) frequency of evaluations and (c) Who should conduct evaluations (Psychiatrist, Psychologist, AME or GP). Evaluations should follow guidelines outlined in GM1 MED.B.055 (b).

(5) SIC: Specialist examination according to letter date. SIC defined in Psychiatric Assessment Part 2 (note 4). Consider TML. Other limitation may apply.

**Psychiatric Assessment Requirements**

- Review of available records (e.g., academic, hospitalization, treatment notes) to assess the nature of any past mental disorders.
- A detailed clinical interview covering psycho-social, developmental, academic, legal, substance use, medical, and behavioral history.
- A mental examination.
  - Mental health examination to include assessment according to GM1 MED.B.055 (b). (1) Appearance;(2) Attitude; (3) Behavior ; (4) Mood; (5) Speech; (6) Thoughts process and content; (7) Perception; (8) Cognition; (9) Insight; and (10) Judgment.
- A summary with diagnostic findings, treatment recommendations, and an opinion on aviation safety,
- For mild/low-severity cases Psychiatrist to review need for neuropsychological testing. Psychiatrist to include reason if test is viewed as not necessary.
- All other cases and if in doubt perform neuropsychological testing with relevant test panel / batteries in collaboration with neuropsychologist. Test must include examination on GM MED.B. 055 (b) parameters (see above).
- Psychiatric review and conclusion to include neuropsychological test results.

**Submission Requirements**

The psychiatrist must submit a comprehensive report along with supporting documentation including neuropsychological test.